



Heathcote PS News

HEATHCOTE PRIMARY SCHOOL
 31 Herriot St, Heathcote. Vic. 3523
 Telephone: (03) 5433 3090
 Fax: (03) 5433 3091
 Email: heathcote.ps@edumail.vic.gov.au

Issue No. 34

27th February 2017

At Heathcote PS we value... *Respect Learning Teamwork Responsibility*

Feb 27th	Foundation Classes commence full time
March 13th	Labour day holiday
March 9th—9am	Parents Walking group—Pink Cliffs to the Heathcote Hub (coffee) - Clarissa
15th March 5pm	AGM and School Council Meeting
March 24th—10:30	Parents Easter Eat—cook and consume—Clarissa
March 31st—2pm	End of School Term—early dismissal
April 18th	First day of term two

Dear Parents and Carers,

On Friday we had Jamie Roberts from the ‘It’s my school too!’ program visit our school to work with our students. The Heathcote & District Community Bank have funded the ‘It’s my school too!’ program implementation at Axedale, Tooboora and Heathcote Primary Schools. The focus is to enable students to speak up if they see others being treated unkindly, enabling bystanders to take positive steps. The majority of our students find it very easy to treat each other well and demonstrate this on a daily basis. For those who make bad choices, consequences are followed through according to the school behaviour management plan. Each student and family will be expected to sign a Student Support Statement to declare their support for this positive school initiative. The statement is attached to the newsletter. All parents/carers are asked to sign the form and return it to school by Monday 6th March.

Thank you to parents/carers for being very efficient in the car park with dropping off, picking up and exiting after you have your child/ren on board. We appreciate you supporting the smooth running of the car park. To support student safety, if you have a child in Foundation – Year Two, it is advisable for parents to meet them at the school gate rather than our younger students having to independently navigate across the car park traffic. Parent supervision of their own child/ren at this busy time would be appreciated. Thank you.

Students have settled into the afternoon specialist programs on offer in the afternoons. When I visit classes students are engaged and enjoying the sessions. Thank you to staff for their planning and implementation of these sessions. Our students are gaining great skills from their participation.

The Department of Education and Training (DET) is very clear about student, parent and teacher behaviour. DET is committed to providing safe and supportive environments where diversity is valued and everyone is treated with respect, fairness and dignity. At times in our community individuals may have issues with others, these issues are adult issues and should not enter our car park or school grounds and should not involve our students. As adults we are role models for our students and it is important that we model respect, fairness and dignity with all. Your ongoing support is appreciated.

Enjoy your week.



Heathcote Brownie Guides

Heathcote Brownie Guides will resume next Wednesday, March 1st at 3.30pm—5pm after school in the Guide Hall, High Street, Heathcote.

All girls welcome 7 to 11 years.

Website: guidesvic.org.au

Laraine Leask
Leader
54333444 or 0408036520

School Community Wellbeing Workshops

Parent Survey/Expression of Interest

As a newcomer to Heathcote Primary School, I wish to thank the school community for such a warm welcome! As the School Community Worker I would like to let you know that I am available Thursdays and Fridays to discuss any issues, ideas or concerns you may have around the wellbeing of your children and our school.

I am pleased to let you know that Family Education Services are offering to run free workshops to parents and carers here at Heathcote Primary School. As there are such a variety of topics on offer I am inviting you to tick which workshops you may be interested in attending on the form attached and to nominate the times most suitable to you. This will enable us to offer workshops that are relevant to you and that you can attend! Light refreshments will also be provided. Please return your forms to the office by March 6th, as there is a high demand for these sessions.

Much appreciated,
Clarissa

CIVICS AND CITIZENSHIP AWARDS—Presented at Assembly last Friday

Responsibility

Leah Gellatly

Team-work

Rosh Santos

Respect

Ivy Henness

Learning

Tommy Wan,
Bradyn Ferguson,
Rhy Milian,
Isaac Lane,
Tayton Thompson

Family Education Services offer free workshops to parents and carers. Last year they ran the popular Tuning in to Kids at our school. If you are interested in any of the workshops below, please tick and return to the office by Monday 6th March.

Name:

Phone:

Workshop Title: <i>Please tick the option/s that you are most interested in.</i>	Interest- ed
<p>Boys Brains (2 ½ hrs) This workshop provides insight into the workings of a boy's brain and how their needs are different to girls. Explore boy's needs and gain practical strategies to help meet these needs.</p>	
<p>Knowing Your Teenager (2 ½ hrs) This workshop aims to provide information, improve understanding and explore strategies that focus on the strengths and challenges of this stage of development.</p>	
<p>Kids and Anger (2 ½ hrs) Explore the reasons why kids get angry and understand your own response to your child's anger. Help children learn appropriate ways to express anger.</p>	
<p>Kids and Worry (2 ½ hrs) Explore why kids worry and ways parents and carers can support them. The workshop includes ideas and practical tools to assist kids manage their feelings.</p>	
<p>Starting School (1 hr) Moving from Kindergarten to Primary School can be a time of mixed emotions for parent and child. This workshop will explore some of the feelings/concerns of children and parents, along with helpful tips to help your child transition.</p>	
<p>Connecting with Kids – through emotional intelligence (2 ½ hrs) Emotional Intelligence is the ability to identify your emotions, understand them and be in control of the way you express them. In this workshop you will find out more about how to use emotional intelligence to teach children about managing their feelings.</p>	
<p>Self-Care for Parents and Carers (2 hrs) This workshop gives participants the opportunity to explore their current level of self-care. This practical and fun session also provides effective strategies for reducing stress levels while keeping up with the demands of caring for others.</p>	
<p>Step-families Workshop (4 hrs) This workshop will provide an introduction to the unique and often complex issues associated with stepfamily relationships. It will cover children, the parenting and step parenting role and couple dynamics.</p>	
<p>Parenting Conversation (1 1/2 hrs) This is an opportunity for parents to gather in an informal, small group setting and discuss parenting issues and ideas. The facilitator will support sharing of ideas and discuss possible strategies which may assist parents. Particular topics of interest:</p>	

Please tick all times you would most likely be available to attend:

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
Afternoon					
Evening					

For further information talk with Clarissa. She works on Thursday and Friday.



Tuesday



11am 2-5 years



4pm 5-7 years
4.45pm 8-13 years

BOOK NOW . . .

CARPE DIEM

FREE EVENT

**"PROMOTING
SOUND MEN-
TAL HEALTH
with humor,
compassion
and heart"**



**PERFORMANCE
Q&A
MEET & GREET
SUPPER**

STARRING

JOHN WOOD CHRIS PIDD

HEATHCOTE RSL HALL

TUES 21st MARCH

Doors open 7pm for 7.30 start

Carpe Diem is an Arts and Health Initiative for Healthier Communities